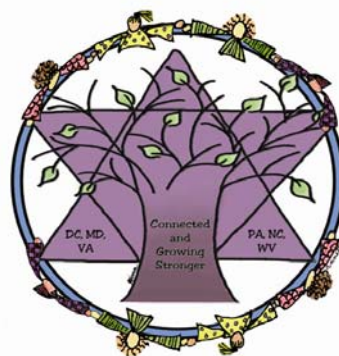




# WOMEN'S LEAGUE FOR CONSERVATIVE JUDAISM

## מדידות Seaboard Soundings



Volume XXIII

Issue 4

Sivan 5769

June 2009

### Seaboard Region Women's League for Conservative Judaism Officers 2009—2011

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# A line from Lynne...



Shalom Seaboard,

As the newly installed Seaboard Region President, I have to begin my administration with a message in the *Medidot* **before** I even have an Executive Committee meeting! As a previous editor of the *Medidot*, I know the importance of meeting a deadline and this message will share just a little of my vision for Seaboard Region Sisterhoods for the coming year.

Having just returned from Women's League training, my head is filled with all the possibilities that I heard about from other Region Presidents, who are so creative, so professional, and so entertaining! We *might* be able to change the relationships our Seaboard women can have. We *might* just do something fun you *might* like!

The Region Executive Committee and Board of Directors will be trying to include all of the 36 Sisterhoods in our servicing and supporting each one. Our objective for the year is to visit the Sisterhoods for informal conversations and formal events. From North Carolina to central Pennsylvania from Tidewater to the metro areas, we want to be "on the road" providing training, programming and camaraderie for Seaboard Sisterhoods. And we might even go "on the road" for a Jewish adventure!

In this issue, there will be information on the plans we have made so far for Seaboard 2009-10. Although all the details to the various events have not been finalized, mark these dates in your Sisterhood/synagogue calendars, so no conflicts arise. Communication will be a key element of Seaboard Region. It will take place in person, by phone (maybe a conference call or two), by e-mail, and the internet. It is our expectation that the Seaboard website will be up and running in the next months and will be an invaluable source for Seaboard Sisterhoods and members!

It is important, since Seaboard has gone "green" by publishing the *Medidot* electronically, that the Sisterhood Presidents forward this publication to their Boards, professionals, and membership. The ideas and information may influence someone to step forward with their expertise! It is our hope that the Region events planned will be well attended and provide education and inspiration for the Conservative Jewish women of Seaboard.

In the coming month, there will have been a Board Orientation (Sunday, June 28) for all Seaboard Board members, which includes the Presidents of all Sisterhoods, officers of the Region, and Region standing committee members. I hope each one will make every effort to attend.

I look forward to meeting with each one of Seaboard Sisterhoods and hope the year ahead is filled with friendship and insight for all of us.

*Lehitraot--*

*Lynne Lichtig*

A quick reminder to ALL Sisterhood Presidents: Please send in the profile information for our Seaboard directory to Sue Taffet. It can be emailed ( [suetaffet@aol.com](mailto:suetaffet@aol.com)) or "snail" mailed (14402 Nadine Drive, Rockville, MD 20853) For more information, please call Sue at: 301-460-5403

# Important Parliamentary Procedure Update

This is the ideal time to review and revise Sisterhood Bylaws. Women's League has distributed new Model Bylaws for Sisterhoods which include some significant changes.

The most important issue is that of Women's League's new policy regarding Sisterhood membership for non-Jewish women. Before deciding whether your Sisterhood wants to consider this policy you must discuss it with your rabbi. **The rabbi of the synagogue is the mara d'atrah (religious authority) for each sisterhood and must be consulted before instituting this policy.**

Background for this change includes the fact that this aspect of Women's League's keruv policy was approved by Rabbi Elliot Dorff. (03/26/08) Women's League sisterhoods can offer membership to all women who support the mission statement below. **Only Jewish women** may serve as officers and members of the board of directors.

"The mission of Women's League for Conservative Judaism is to strengthen and unite synagogue women's groups, their members, and individual members; support them in mutual efforts to understand and perpetuate Conservative/Masorti Judaism in the home, synagogue, and community; and reinforce their bonds with Israel and with Jews worldwide....

"The sisterhoods affiliated with Women's League--both by design and by practice--provide the knowledge, skills and experience necessary to foster a Jewish home and lifestyle. Every sisterhood should be a warm and welcoming gateway into Jewish life for all women, including the non-Jewish woman. Those already contemplating or in the process of conversion, as well as those married to Jews, and/or raising Jewish children, will find the support and encouragement that sisterhoods can provide."

There are several other matters in the Model Bylaws that are especially important. They concern the Nominating Committee and nominations. First, be sure that your bylaws indicate how many members will serve on the nominating committee (Article IX, Section 1, A. in the Model Bylaws). Second, please note that members of the nominating committee are no longer barred from being on the proposed slate of officers or board members. Finally, note above that non-Jewish Sisterhood members may not serve as officers or members of the Board.

Model Bylaws for Sisterhoods are intended to serve as guidelines for the organization. Sometimes, they are not a perfect fit and need adjusting to reflect the realities in a particular Sisterhood. To be sure that those adjustments fall within the Women's League guidelines, the **Region Parliamentarian must review any proposed changes to the bylaws before they are voted on by the Sisterhood membership.** Therefore, please send me a copy of your bylaws, along with any proposed amendments, as soon as they have been prepared (email is great).. You can best accomplish this task through appointment of a Parliamentarian and a Bylaws Revision Committee.

If you have a Parliamentarian, please send me her name and contact information. I look forward to receiving and reviewing your bylaws in the very near future.

Myra Promisel  
Seaboard Region Parliamentarian  
[mpromisel@comcast.net](mailto:mpromisel@comcast.net); 202-265-0196

## Directory Corrections

**Change email address** for Bernice Moses to: [bryna21@verizon.net](mailto:bryna21@verizon.net)

**Change address** for Alice Fierstein- 31/12 Adam Street, Jerusalem 93782, ISRAEL

## *Save the Date...*

On April 11, 2010 Seaboard Region is going on the road. Temple Beth -El, Richmond, VA will be hosting the WLCJ Seaboard Region Spring Event. The event will feature a tour of the Virginia Holocaust Museum ([www.va-holocaust.com](http://www.va-holocaust.com)), lunch and a presentation by Vanessa Ochs, noted author and Professor at the University of Virginia.

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Susan Cohn  
Susan Coren  
Roberta Dizenfeld  
Lynn Dubin  
Dede Eisenson  
Barbara Finkel  
Tobey Greenberg  
Marilyn Grossman  
Louise Hodin  
Daniela Jacobs  
Talya Kalender  
Constance Kreuter  
Susan Kristol  
Dorothy E. Levin  
Lael Lubing  
Elizabeth Maer  
Irene Smith  
Ranee Markowitz  
Mrs. Howard Nach-  
man  
Lynn Phillips  
Joan Sacarob  
Judith Schretter  
Andrea Shoham  
Beverly Slep  
Ray Stone  
Anjali Sues  
Marie Taubman  
Kathleen Timmes  
Merle Toobin  
Barbara Villamiel  
Mrs. Mark Weber  
Judy Werbel

*Rodef Shalom*

**Benefactor**

Ruby Conn  
 Elizabeth David  
 Ernestine Firestone  
 Janet Glasofer  
 Barbara Goldstein  
 Barbara Gordon  
 Martha Katz-  
 Hyman  
 Robin Levy  
 Robin Murov  
 Rhoda Nachman  
 Dorene Sarfan  
 Bobbi Sue  
 Silverman  
 Tova Warren

*Temple Emanuel*

**Benefactor**

Helene Bernstein  
 Bertha Chenman  
 Cheryl Dronczk  
 Dr. Morris Elstein  
 Jeri Furman  
 Paula Gordon  
 Mimi Karesh  
 Reva Kelberg  
 Paula Levy  
 Carolyn Osman  
 Toby Pekarsky  
 Joan Rose

*Temple Israel*

**Guardian**

Bernice Moses

**Benefactor**

Adele Adler  
 Marilyn Ashe  
 Wendy Brodsky  
 Ellyn Chapel  
 Tasha Chapel  
 Myra Coplon  
 Harriet Dickman  
 Lois Einhorn  
 Roberta Fisher  
 Lorraine Fleder  
 Anne Fleder  
 Abby Friedman  
 Sharon Grossman  
 Karen Jaffe  
 Rosalyn Landres  
 Eleanor Lipkin  
 Ingrid Nelson  
 Sheila Panitz  
 Sara Jo Rubin  
 Joyce Salzberg  
 Laure Saunders  
 Beverlee R. Tiger

**Seaboard Region WLCJ by Area****Area #1—Baltimore – Pennsylvania**

|               |                  |
|---------------|------------------|
| Adat Chaim    | Reisterstown, MD |
| Beth El       | Baltimore, MD    |
| Beth El       | Harrisburg, PA   |
| Beth Israel   | Owings Mills, MD |
| Beth Shalom   | Columbia, MD     |
| Chizuk Amuno  | Baltimore, MD    |
| Chisuk Emuna  | Harrisburg, PA   |
| Kol Shalom    | Annapolis, MD    |
| Ohev Shalom   | York, PA         |
| Shaare Tikvah | Waldorf, MD      |

**Area #2 – DC – Metro**

|                |                    |
|----------------|--------------------|
| Adas Israel    | Washington, DC     |
| Beth El        | Montgomery Co., MD |
| B'nai Israel   | Rockville, MD      |
| B'nai Shalom   | Olney, MD          |
| B'nai Tzedek   | Potomac, MD        |
| Har Shalom     | Potomac, MD        |
| Har Tzeon-     |                    |
| Agudath Achim  | Silver Spring, MD  |
| Kehilat Shalom | Gaithersburg, MD   |
| Kol Shalom     | Bethesda, MD       |

|                 |                 |
|-----------------|-----------------|
| Ohr Chodesh     | Chevy Chase, MD |
| Shaare Tefila   | Olney, MD       |
| Tifereth Israel | Washington, DC  |
| Tikvat Israel   | Rockville, MD   |

**Area #3 -- Northern Virginia--Richmond**

|              |                |
|--------------|----------------|
| Agudas Achim | Alexandria, VA |
| Beth El      | Richmond, VA   |
| Beth Emeth   | Herndon, VA    |
| Etz Hayim    | Arlington, VA  |
| Olam Tikvah  | Fairfax, VA    |
| Or Atid      | Richmond, VA   |

**Area #4 – North Carolina – Tidewater – Roanoke**

|               |                |
|---------------|----------------|
| Bayt Shalom   | Greenville, NC |
| Beth El       | Norfolk, VA    |
| Beth Israel   | Roanoke, VA    |
| Beth Meyer    | Raleigh, NC    |
| Gomley Chesed | Portsmouth, VA |
| Rodef Shalom  | Hampton, VA    |
| Temple Israel | Norfolk, VA    |

**\*\*This Women's League initiative of last year was made to provide better and closer servicing to our Sisterhoods by the use of Area Directors/Liaisons and Area Torah Fund Directors.**

**A RITUAL MITZVAH**

As part of the Women's League mitzvah initiative, we are offering the following prayer for you to recite as you light the Shabbat and holiday candles.

May it be Your will, my God and God of my ancestors, to be gracious to me and to all my family and to give us, and all Israel, a good and long life. Remember us with goodness and blessing, and grant us salvation and mercy. Grant us abundant blessing, and fortify the places we call home. May Your Presence dwell among us as we gather here tonight. May we be blessed with wise and learned disciples and children, lovers of God who stand in awe of You, people who speak truth and spread holiness. May those we nurture light the world with Torah and good deeds. Hear the prayers I utter now in the name of our mothers Sarah, Rebekah, Rachel, Leah, Bilhah and Zilpah. May Your light, reflected in these candles, surround us always. And let us say, Amen.

This and more can be found in the **Mitzvah Yomit—A Mitzvah A Day** materials that will be available at [www.wlcj.org](http://www.wlcj.org) after spring conference



# The 64th Annual Seaboard Region Conference

...at the Conference Center at Sheppard Pratt in Baltimore, Maryland was everything we had hoped for and then some! Debra Weston, Conference Chair, Janet Rutchik and Miriam Golob, Conference Assistants and all of the Region Conference Cabinet and Committee gave nothing less than what was expected . . . . a fantastic day! We had 85 delegates, representing 21 sisterhoods from as close as a mile or two down the road in Baltimore to as far away as Norfolk and Harrisburg. What a thrill it was that eighteen women chose to attend for the first time!



The theme of preserving and recording our past family history, protecting our present self and the environment and planning for the future was apparent throughout the day. A recycling can at the door and some of the conference documents copied using recycled paper were just some of the “to protect the environment tools” used. At registration, Marjorie Rubin & Yvonne Daniels of Beth El, Baltimore and Myra Promisel, Parliamentarian, checked in each delegate and gave her a reusable shopping bag, donated by Giant Foods of Montgomery Village, containing all of the conference materials. During the continental breakfast, recycled coffee cups were used.

A variety of WLCJ materials and Lisa Kogen’s book, “From Strength to Splendor,” were displayed with order forms for the delegates to purchase. The Opening Plenum on “Identity Theft” by our Women’s League Consultant, Sally Abbey, was enlightening and a great deal of information was shared with us. Sally was inspiring, delightful and a pleasure to work with.

The Women’s League and enrichment sessions were varied; there really was something for everyone. From “Catching the Young & Retaining the Experienced” led by Leslie Dellon, Membership VP, Susan Grant, Past Z’havah Chair of Har Shalom and Shelly Goldin, Nominations & Training Services Chair to the Torah Fund session on, “The Importance of a Jewish Education – Yesterday, Today & Tomorrow” by Lynne Lichtig, Torah Fund VP and Rita Wertlieb, WL International Torah Fund Chair and of course the President’s Roundtable for Incoming & Ongoing Presidents, led by Sally Abbey. The enrichment sessions dealt with the theme more closely; Basic Jewish Genealogy Research with, Dianne Feldman, Immediate Past Director of the Jewish Museum in Baltimore, “Tips for an Eco-Friendly lifestyle in your Home, Synagogue & Community” with Jason Holstine, Owner & Educator of Amicus Green Building Center and the creation of a live dwarf spruce “Family Tree” art project by Linda Loggie, Torah Fund Chair of Kehilat Shalom.



At the Networking Luncheon, presided by Gloria Canter, Seaboard Region President and Cory Schneider, International President of WLCJ, a new Women’s League’s initiative was introduced: “*Mitzvah Yomit – A Good Deed a Day*” along with the Mitzvah Yomit bead pin, proudly worn by many later in the afternoon. The centerpieces for the dining room, chaired by Deborah Letow, Sisterhood President & the Shaare Tefila Sisterhood, utilized the teaching of this new initiative. Each sisterhood was asked to collect miniature toiletries, create a basket filled with the collections and bring this to conference. All of the baskets were magnificent and some were so enormous they would not fit on the dining tables and so they were displayed in the front of the room. Members of Chizuk Amuno & Beth Israel, Owings Mills transported two to three hundred pounds of toiletries to the Hackerman-Patz House, an affordable hotel-style living quarters alternative at Sinai Hospital where the families of patients with severe and terminal illnesses can stay while treatment is being given. All of the attendees commented that they personally enjoyed this project and would like to incorporate similar endeavors into future conferences. Fifty Nine dollars was raised during the raffling off of two \$25.00 gift cards, one for Potomac Garden Center & one from Giant Foods, during the luncheon. This money was sent as a donation from Seaboard Region WLCJ for COEJL and \$243.00 was raised for Mazon.

Rabbi Dana R. Saroken, Beth El, Baltimore led Torah Study on The Psalms – *Tehillim*. Many are still talking about how wonderful her method of teaching was and we really appreciated the opportunity to have her lead us in



this thought-provoking text. *Kolot Bi'Kiddushah* members Judi Dickman-Narrow, Sisterhood President of Beth Israel, Owings Mills, Julia Loeb, Sisterhood President of Kol Shalom, Bethesda and Toby Holtzman, Sisterhood President and Sandy Myers, WLCJ Biennial Convention Chair of Har Shalom, led a delightfully lyrical *Mincha* using an upbeat *nusach* and we raised \$88.50 for the Masorti B'nai Mitzvah Project in Israel for Children with Special Needs during this session.

A, "changing of the guard," occurred as past and new members of the Region Executive Committee and Board of Directors were installed for 2009 – 2011. Rabbi Ronald Shulman of Chizuk Amuno installed Lynne Lichtig as the incoming Seaboard

Region President. As Gloria Canter stepped down as the Region President, we wish her nothing but love and luck as she joins the infamous "*P.P. Club of Seaboard*." During the Afternoon Reception, we all had an opportunity to give Lynne, Gloria and all of the incoming and outgoing region board members a hearty *Yasher Koach* for the support they have given and will continue to give Seaboard Region.

The closing plenum, lead by Rabbi Nina Beth Cardin, General Consultant for the COEJL and Director of the BJEN at the Pearlstone Conference and Retreat Center, spoke of, "Circles & Cycles: Gifts of Life from One Generation to Another". This gave a nice ending to such a superbly fun-filled, learning packed and sharing day with, "the Sisters of Seaboard."

#### Zelda D. Dick Leadership Training Award

This award is presented Biennially through the generosity of the Dick family, at the Seaboard Region Spring Conference to a woman in our region, who like Zelda, has given ongoing and outstanding service to her Sisterhood, Seaboard Region and to her community.

The award was established by Zelda's family in 1989. Any Sisterhood member in good standing may submit nominations to Seaboard Region. These nominations are then evaluated by a committee comprised of two past recipients of the Zelda D. Dick Award and two members of the Executive Board. Members of this committee are not eligible for consideration. Nomination forms will be mailed to Sisterhood Presidents.

#### About Zelda D. Dick

Zelda was born to a family of Russian immigrants in 1918. The family eventually settled in Oklahoma where Zelda grew up. She attended the University of Michigan and was the first Jewish woman to be elected to the Mortarboard Society, an academic honor society.

Zelda married Jerome Dick just after she graduated and came to live in Arlington, VA. Zelda and Jerry had four children, 13 grandchildren and a great grand child. As an active member of Arlington-Fairfax Jewish Congregation and its community for more than 45 years, Zelda held many leadership positions. She served as **President of her Sisterhood**. She lived her Judaism attending Shabbat and Holiday services and performed mitzvot such as Gemilut Hasidim (deeds of loving kindness) and Bikkur Holim (visiting the sick.) She served as a member of the Religious Affairs Committee and chair of the Synagogue's Scholarship and Awards committee.

Zelda held many positions in **Seaboard Branch** culminating in the **Presidency** from 1980-1982. She served as a member of the **National Torah Fund Cabinet** and was a member of the National Patrons Society of Women's League for Conservative Judaism for two consecutive terms, 1984-1988. As a **National Vice President**, she represented Women's League at many Washington area meetings. Zelda edited the Sukkot guide of the Woman's League Celebration series in 1987, and received the **National Community Leadership Award from the Jewish Theological Seminary of America**.


Not only was Zelda active in Woman's League, but also in her community of Arlington, VA. She was available to help those in need, such as driving to medical appointments and providing meals and hospitality and offering kindness and compassion with a smile. The Dick family home was always open to anyone needing a Shabbat or holiday meal or a warm and comfortable place to stay.

In addition to her commitment to Branch and to her immediate community, Zelda was involved in the United Jew-

ish Appeal Federation. Zelda and Jerry co-chaired the **General Assembly for the Conference of Jewish Federations in 1986** and the first reunion of Holocaust survivors. In 1986, First Lady Rosalind Carter presented Zelda with the **Second Century Award**.

Recipients of the Zelda D. Dick Award

Nominations are reviewed based on ongoing service; demonstrated devotion of time and energy for the benefit of others and a clear exhibit of leadership through a continuous commitment to the needs of the community. The nominee must be a member in good standing of her Woman's League Affiliate, Region and Synagogue (including being current in all financial obligations.) The woman chosen as the Zelda D. Dick Leadership Training Award recipient will be notified by the Region President, with letters sent to her Sisterhood and Synagogue for appropriate publicity and recognition.

|   |   |   |
|---|---|---|
| <i>Leagrams are sent to members of Seaboard Region and Women's League by<br/>Linda Rosenberg, Corresponding Secretary</i> |   |  |
| <u>March</u>  | <p><i>Mazal Tov</i></p> <p>Gloria Canter on the engagement of her daughter, Rebecca<br/>Cory &amp; Stan Schneider on the engagement of their son, David<br/>Hazzan Sarah &amp; Leon Geller on the birth of their daughter, Becky Hannah</p> <p>Condolences</p> <p>Hazzan Kimberly Komrad on the loss of her father, Robert Lewison</p> <p><i>R'fuah Shlaymah</i></p> <p>Marjorie Fuhrmann<br/>Ray Stone<br/>Hazzan Deborah Togut<br/>Meirav Steinlauf<br/>Judi Dickman-Narrow</p>   |   |
| <u>April</u>  | <p><i>Mazal Tov</i></p> <p>Rabbi Risa Weinstein &amp; Jonathan Levine on the birth of Yedidyah Tov<br/>Jenni Connolly on the marriage of her son, Grady Coltrain<br/>Seaboard Region Young Leadership Award recipients:<br/>Amy Griboff, Sally Levnsen, Maria Lasa-Sloan, Dr. Cindy Fishman</p> <p><i>R'fuah Shlaymah</i></p> <p>Gail Goldfarb</p>  |   |
| <u>May</u>  | <p><i>Mazal Tov</i></p> <p>Seaboard Region Young Leadership Award recipients:<br/>Pamela Shrock, Michelle Pearlstein, Amy Schwartz, Melanie Malloy, Nessa Memberg,<br/>Alison Rosenthal, Marcie Lerner</p> <p>Rabbi Susan Grossman on receiving her DHL from the Jewish Theological Seminary<br/>Cory &amp; Stan Schneider on receiving the <i>Aterot Kavod</i> Award from Eastern PA USCJ<br/>Marjorie &amp; Mark Fuhrmann on their son, Joshua's, graduation from Brown University<br/>Sherry &amp; Larry Wachtel on their son, Brian's, MBA from GW University<br/>Sherry &amp; Larry Wachtel in their son, Richard's, Master's Degree from Johns Hopkins<br/>Susan &amp; Brett Lazerus on their son, Kevin's Bar Mitzvah<br/>Susan &amp; Brett Lazerus on their son, Shawn's high school graduation<br/>Hazzan Wendi &amp; Giora Fried on the birth of their son, Nadav Haviv<br/>Estelle Jacobs on her 85th birthday</p> |   |

**Seaboard Region Women's League Institute**

...will begin again after the high holidays this coming fall. Look for more information in the next issue of Medidot!

# News from Women's League...

## NEXT LEADERSHIP INSTITUTE

July 26-28  
Chicago

### Grow with us.

You are cordially invited to attend an inspiring two day Leadership Institute that will expand your knowledge as a Jewish woman and as a leader in your community.

The Leadership Institute's unique format allows you to build a personal program to expand your Jewish knowledge and leadership skills. Choose workshops and seminars most relevant to your interests, and meet and network with other Conservative Jewish women who share your passion for pursuing learning and personal growth.

The Leadership Institute brings together prominent speakers, seminar facilitators, and promising Jewish leaders (including you).

Register for an experience that will enhance your personal and spiritual growth by calling 212.870.1263 or emailing [rkessler@wlcj.org](mailto:rkessler@wlcj.org), or visiting our website at [www.wlcj.org](http://www.wlcj.org). Click on About Women's League/Programs/Leadership Institute Scholarships are available via the Zelda D. Dick Leadership Training Award..contact Lynne Lichtig for more information.



### MISSION TO ISRAEL 2009

3 destinations for the cost of one

Rome, Italy • Israel • Petra, Jordan

Why do one when you can do all three?

November 1-15, 2009

Call 212.870.1260 for information

### Help is just a call away!

Women's League Training Services are here to answer your questions, hold your hand, train your leaders, educate your members, mentor your president, consult with your officers!

Contact the Women's League HELP LINE  
1-800-628-5083 or [help@wlcj.org](mailto:help@wlcj.org)

Monday through Thursday, 9:30 am to 4:30 pm

A qualified and experienced trainer will respond within 48 hours, not including Shabbat.

### NEW BOOK AVAILABLE

Written by Women's League

Director of Education Lisa Kogen

The women in this galaxy of remarkable Jewish women each demonstrated determination, courage, and imagination that enabled them to challenge the boundaries of gender and social conventions and to forge new paths to enrich our world. This project began as *Beauty, Brains and Brawn: The New World Balabuste*, the Women's League exhibit commemorating the 350th anniversary of the arrival of Jews in North America. Now expanded to 47 women and with a new title, *With Strength and Splendor* reflects how Jewish women disassembled old gender roles, shattered boundaries and expanded the options for future generations of women.

*With Strength and Splendor* will make a wonderful gift for adult or teen bat mitzvahs, graduates, teachers, counselors, friends, and family. It is a fabulous title for a sisterhood book discussion or program focus.

Cover Price.....\$39.95

Kol Ishah Members.....\$31.95

Limit of 3 books, plus \$6.50 per book for shipping & handling.

Discounts for Judaica Shops available

Call 212.870.1260 to order.



# From around the Region...

## **Torah Fund News from... Congregation Beth El, Norfolk, Virginia**

We are proud that this year we had the most successful Torah Fund campaign at Congregation Beth El ever! Thanks to the hard work of my Torah Fund co-chairs, Barbara Abraham and Judy Mitnick and our generous supporters we have one Associate Patron, nine Guardians and forty-three Benefactors. Even though the economy has been challenging for all of us, we will be sending in over \$11,300 for the Jewish Theological Seminary. We celebrated our successful campaign with a lovely Dessert Reception with the members of Temple Israel's Sisterhood. Our Assistant Rabbi Susan Tendler, a graduate of the Jewish Theological Seminary, did a wonderful Torah study and we had three delightful musicians from the Old Dominion University Music Department perform for us. We appreciate the support of our fantastic members and their donations – both large and small.

Ina Mirman Leiderman  
Torah Fund Co-Chair

## **Har Shalom Sisterhood, Potomac, Maryland**

Looking back at 5769, Har Shalom Sisterhood offered “something for everyone”. Regular events included the monthly Rosh Hodesh Minyan and program; Daytime Book club; Z'havah's Reading, Screening & Eating and Winter Movie Madness. We brought back the General Meeting/Program and de-mystified phyllo, made semi-precious stone bracelets after studying what Judaism says about women and jewelry, and spoke with a local author about his book “The Nazi Hunter”. And don't forget, bowling every Wednesday!

Sisterhood and Men's Club collaborated on a Sunday breakfast and a *Meshuga Mixer*, an evening event just for fun. Z'havah had two Couples Night Out events as well as a Day of Pampering. Sisterhood Shabbat showcased the many skills and talents of Har Shalom women, leading the service from start to finish. Mind, Body and Soul: A Day of Spiritual Growth for Women, scored a hit for the fourth year in a row. Of course there was the Paid Up Membership Dinner, Torah Fund Dinner and just last week our wonderful Volunteer Appreciation/Installation Dessert with entertainment by storyteller Noa Baum.

The dates are on the calendar for 5770 --- the planning continues. New additions will include: making pottery; taking a look at the Jews of India while exploring Indian cooking; bringing the Mitzvah Yomit initiative to the shul; crafts night; Vashti's banquet and our Rosh Hodesh theme of New Rituals.

Har Shalom Sisterhood wishes you a *rejuvenating* summer!

Toby Holtzman  
President

We would love to hear about your Sisterhood. Please send articles to Miriam Golob, Medidot Editor at [golobfamily@comcast.net](mailto:golobfamily@comcast.net). The deadline for the next issue is September 1, 2009. Have a wonderful summer!!